9 Prologue
13 Sensing and seeing
15 Anthropology 1/ Cosmologies
18 Anthropology 2/ Gods
22 Anthropology 3/ Orientation
25 Anthropology 4/ Control
31 Breathturns
39 Speculations
44 Shipwreck with despairing king
53 Cinematography
59 Breezes
61 Storms
68 Speed
71 Shaping breath
88 Epilogue

91 Acknowledgements
93 Bibliography
101 Illustration